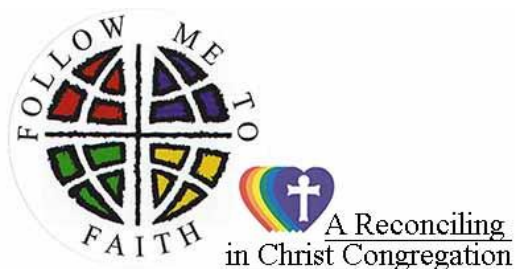




Ecumenical
**CENTERING
PRAYER**

At Faith Lutheran Church
(Across from Bidwell Perk)
667 East First Avenue,
Chico



The contemplative
prayer method of
Father Thomas Keating

Every Tuesday afternoon
4:00 to 5:00 p.m.

in

the Prayer room, Room 9
(First door on right as you
enter from the parking lot)

The contemplative
prayer method of
Father Thomas Keating
is used.

**Open with a brief
reading & a musical piece*

**Contemplative sit
(20 minutes)*

**Lectio divina
(reading of Scripture
with the heart)*

**Sharing by listener*

Closing prayer experience

Newcomers to the
practice, as well as
those with experience,
drop-ins and regulars
are welcome.

(When there are newcomers
there will be a brief teaching
of Centering Prayer)

Caryl Quinones
530-864-4630
Or

The Church office
530-895-3754

For Desk Tops & Lap Tops Only:
For other classes go to
www.ChicoClasses.org

email:
faithlutheranchico@
gmail.com